## **Communion:** (incorporating Psalm 23)

God be with you.

And also with you.

Lift up your hearts.

We lift them up to God.

Let us give thanks to the Lord.

It is right to give him thanks and praise.

We are not alone.

We gather together as friends in the family of Jesus Christ, in the company of all those gone before us, and all those yet to come We gather with all heaven and earth, for all things sing praise!

Holy, holy God of power and might, Heaven and earth are full of your glory. Hosanna in the highest! Blessed is he who comes in the name of the Lord. Hosanna in the highest!

Dear Lord You are our shepherd, who makes us lie down in green pastures. In you we can rest beside still waters. You restore our souls and lead us in paths of righteousness.

When your people walk through the valley of darkness, still we fear no evil, for you are with us, your rod and your staff comfort us.

You prepare a table for us in the presence of our enemies. you anoint us with blessing till our cups overflow. Surely goodness and mercy follow you. May we dwell in your house all the days of our lives and for eternity.

And so we our people remember your Son, Jesus Christ. We thank you for sending him to be our living bread, the way we need to follow and the truth we need to know. Thank you for his cross and rising again. Thank you for his presence with us now.

Holy Spirit, move in power over us and over this bread and these cups, that they may be for us the body and blood of Christ.

On the night before he died Jesus sat at table with those he loved, Took bread And blessed you, God of all creation; He broke the bread among his disciples, and said: Take this, all of you, and eat it This is my body which will be given up for you.

When supper was ended, he took a cup of wine And gave thanks to you, God of all creation; He passed it among his disciples, and said: Take this, all of you, and drink from it This is the cup of my blood, The blood of the new and everlasting covenant. It will be shed for you and for all To bring forgiveness. Do this in memory of me.

Let us proclaim the mystery of our faith:

Christ has died, Christ is risen, Christ will come again.

As the splendour of this love breaks in upon us,
May it find us ever watchful in prayer, and willing in service.
Gather us into communion with all your people.
Until, at last, all creation will be one
And we shall sing your praise in Jesus Christ through the Holy Spirit.
All glory and honour is yours, almighty God, forever and ever. Amen

## Sung Lord's Prayer

Jesus said: "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Friends, let us share in the body and blood of our Lord Jesus Christ, Remembering that he died for us that we might live.

... share the elements.

## After Communion

We thank you, O God, that through Word and Sacrament you have given us your Son who is the true bread from heaven and food of eternal life.

So strengthen us in your service that our daily living may show our thanks; through Jesus Christ our Lord. **Amen.**