

BLESSINGS

1

Let us go on our way in the strength of
God who goes with us and before us,
our confidence, our courage and our
hope now and for ever.

2

Not with my hands
But with my heart I bless you:
May peace forever dwell
Within your breast.
May Truth's white light
Move with you and possess you -
And may your thoughts and words
Wear her bright crest.
May Time move down
Its endless path of beauty,
Conscious of you
And better for your being!
Spring after Spring
Array itself in splendour
Seeking the favour
Of your sentient seeing!
May hills lean towards you,
Hills and windswept mountains,
And trees be happy
That have seen you pass -
Your eyes are dark kinsmen
To the stars above you -
Your feet remembered
By the blades of grass . . . !
Donald Jeffrey Hayes

3

May this day shine eternally in your
lives.
May it add brilliance to every
achievement
And cast a divine light over any
misfortune.
May you care for each other in all
sadness.
May you give cheer to each other.
May you give vitality to each other in all
undertakings.
May all that is virtuous, beautiful and
honest remain with you always.

4

The Lord bless you and keep you.
The Lord make his face to shine upon
you
And be gracious unto you.
The Lord lift the light of his countenance
upon you
And give you peace.

5

Kia hora te marino May the calm be
widespread
Kia whakapapa pounamu te moana May
the sea glisten like greenstone
Kia tere te karohirohi May the shimmer
of summer

6

May blessing go before you,
May grace and peace abound,
May Spirit live within you
May love wrap you round.
May blessing remain with you always.
May you walk on holy ground.
May the blessing of God go before you,
May grace and peace abound,
May God's Spirit live within you
May love wrap you round.
May God's blessing remain with you
always.
May you walk on holy ground.

7

Deep peace of the running wave to you
Deep peace of the silent stars
Deep peace of the flowing air to you
Deep peace of the quiet earth.
Let peace fill your soul.
May peace make you whole.

8 CELTIC BLESSING

May the road rise before you,
may the wind be always at your back,
may the sun shine warm upon your face
and the rain fall gently on your fields.
Until we meet again
may God hold you
in the hollow of her hand.

9 NAMASTE

I honour the place in you where the
entire universe resides.
I honour the place in you of love, of
light, of truth, of peace.
I honour the place within you where,
if you are in that place within you
and I am in that place within me,
There is only us.

10 Apache Blessing

May the sun bring you new energy by
day,
May the moon softly restore you by
night,
May the rain wash away your worries
And the breeze blow new strength into
your being,
And all of the days of your life may you
walk
Gently through the world and know its
beauty.

11

Let us go on our way
In the strength of God
Who goes with us and before us;
Our confidence, our courage
And our hope
Now and for ever.

12 AROHANUI BLESSING Joy Cowley

May the mystery of God enfold us,
may the wisdom of God uphold us,
may the fragrance of God be around us,
may the brightness of God surround us;
may the wonder of God renew us,
may the loving of God flow through us,
may the peace of God deeply move us,
may the moving of God bring us peace.

13

Ma te rourou With your basket
Ma toku rourou and my basket
Ka ora ai te tangata. the people will
thrive.

14

May the blue sky and green grass of
creation greet you.
May friend and stranger welcome you
with a smile.
And may those close to you bless you
with their love.

15

May the vitality of the fern shoot be in
your words and ways.
May the purity of the mountain stream
renew your spirit from within.
May the pool's stillness fill your mind
and soul.
And may the rich quiet of the bush carry
you through the busy day.

16 (from Cossi fan Tutti by Mozart)

Gentle be the breeze,
Calm be the waves,
And every element smile on our wishes.

17

May the peace of the tallest mountain
and the peace of the smallest stone be
your peace.
May the stillness of the stars watch over
you.
May the everlasting music of the wave
lull you to rest. Blessed be.

18 A Celtic blessing:

Goodness of sea be yours,
Goodness of earth be yours,
Goodness of heaven.
Each day be joyous to you,
No day be grievous to you.
Love of each face be yours.
A bright flame before you,
A guiding star above you,
A smooth path below you.
Today, tonight, for evermore.

19

The blessing of the God of Sarah and
Abraham,
The blessing of the son, born of the
woman Mary,
And the blessing of the Holy Spirit
who broods over us as a mother with
her children
be with you all.

20 A GAELIC BLESSING

May the nourishment of the earth be
yours,
may the clarity of light be yours,
may the fluency of the ocean be yours,
may the protection of the ancestors be
yours.
And so may a slow wind
work these words
of love around you
an invisible cloak
to mind your life.

21

Let the wind from the west be calm.
Let the wind from the south be calm.
Let the murmuring breeze sigh over the
land.
Let the stormy seas subside.
With the pulling up of the red-tipped
morning
Will come the fragrance of a good day,
oh Living Spirit.